## BRACES and DOUBLE BRACES



FITTING INSTRUCTIONS

## **WARNING!**

## DO NOT CHEW YOUR MOUTHGUARD

In order for a mouthguard to protect, fit, and last it must be worn properly on your teeth and gums as indicated in the fitting instructions. If any mouthguard is chewed or not worn properly, its protection, fit and durability will be greatly diminished.

## FITTING INSTRUCTIONS:

- No boiling or custom fitting is required. Place mouthguard in mouth and carefully fit over braces aligning Ortho Channel over brackets. Mouthguard will fit securely and comfortably when properly positioned.
- 2. Take care when removing mouthquard so as not to dislodge braces.

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