

Prior to use, carefully read the instructions for use.

Essentia™ Light-cured radiopaque universal composite restorative for use only by a dental professional in the recommended indications.

### RECOMMENDATIONS

- Direct restorative for class I, II, III, IV, V cavities.
- Direct restorative for wedge-shaped defects and root surface cavities.
- Direct restorative for veneers and diastema closure.

### CONTRAINDICATIONS

- Pulp capping.
- In rare cases the product may cause sensitivity in some people, in any such cases, after experienced, discontinue the use of the product and refer to a physician.

### DIRECTIONS FOR USE

- Shade Selection**
  - Make sure the tooth to be restored is clean and not wet.
  - Use the color guide to select the shade.
  - Select first an enamel shade, looking to the incisal third of the (neighboring) tooth. Based on the observed value (grayness), choose between Light Dentin (white) or Dark Enamel (grey).
  - Continue with the selection of the dentin shade, looking to the cervical part of the (neighboring) tooth. Choose between Low Chroma (intensity of the color), choose between Light Dentin (low chroma), Medium Dentin and Dark Dentin (high chroma).
  - In small or posterior restorations, the Universal Shade Refills (white) or Dark Enamel (grey) are available.
  - To mask discolorations, place a thin layer of the Masking Liner over the discoloration.

### 2. Cavity Preparation

Prepare the cavity with standard techniques. Dry by gently blowing with oil free air.

### 3. Bonding

For bonding Essentia to enamel and / or dentin, use a light-cured bonding system such as GC G-enial® Bond or GC G-BOND™. Follow the manufacturer's instructions.

### 4. Masking Liner

- Hold the syringe upright and remove the cap by turning counterclockwise. Promptly and securely attach the dispensing tip of the syringe by turning clockwise.
- Prior to the extrusion of the material, gently trial-push the syringe plunger into the mouth to make sure the dispensing tip is seated. Gently pull the plunger to the syringe. To remove any air from the dispensing tip, gently push forward the syringe plunger with the tip pointing upwards until the material reaches the mouth.

Note: If there is air inside the dispensing tip, air bubbles may be formed at the time of injection.

- Dispensing material as possible to the cavity, and slowly push the plunger to inject material into it. Alternatively, dispense material onto a mixing pad and transfer to the cavity using a suitable instrument.

After the material is dispensed, remove the cap of the dispensing tip and tightly close the syringe with the cap.

### Dentin, Enamel, Universal shades and Opalessent modifier.

- Dispensing from a syringe
  - Open syringe cap and dispense material onto a mixing pad. Place the material into the cavity using a suitable placement instrument.
  - After the material is dispensed, screw plunger anticlockwise by a half to full turn to release residual pressure in the syringe. Close cap immediately after use.
- Dispensing from a Unitip
  - Insert the unitip into a commercially available applicator. Refer to the applicator manufacturer's instructions for use. Remove the cap and extrude material directly into the cavity.
  - Modifier stains (Red-Brown, Black, White)**
    - Open syringe cap and dispense material onto a mixing pad. Dispense the modifier stain directly into the enamel shade using a brush or a suitable placement instrument. Note: Modifier stains are inner stain materials. They should always be covered with Enamel shades or Opalessent modifier after light-curing.

Note: The Masking Liner can be used to mask cavity bottom discolorations.

The Universal shade can be used to achieve aesthetic results in a single layer.

The Dentin and Enamel shades should be used following a duo-layer concept. Refer to Clinical Hints for additional details.

Material may be hard to extrude immediately after removing from cold storage. Prior to use, let it stand for a few minutes at normal room temperature.

After dispensing, immediately expose to ambient light. Ambient light can shorten the manipulation time.

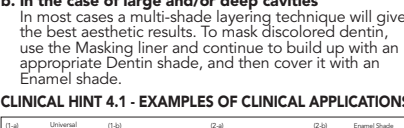
### Clinical Hints

**a. In the case of small cavities**  
Restore using a one shade technique. In most cases the use of the Universal shade alone will be sufficient.

In cases where a higher degree of translucency is needed, a combination of Dentin and Enamel shades can be selected.

**b. In the case of large and/or deep cavities**  
In most cases a multi-layer layering technique will give the best aesthetic results. To mask discolored dentin, use light-curing liner to occlude and build up with an appropriate Dentin shade, and then cover it with an Enamel shade.

### CLINICAL HINT 4.1 - EXAMPLES OF CLINICAL APPLICATIONS



### CLINICAL HINT 4.2 - MAIN SHADE COMBINATIONS:

	Bleach	Junior	Adult	Senior	Posterior Mono	Posterior Duo
Light Dentin	Medium Dentin	Medium Dark Dentin	Dark Dentin	Dark Dentin	Universal Dark Dentin	Dark Dentin
Light Enamel	Light Enamel	Light Enamel	Light Enamel	Light Enamel	Light Enamel	Light Enamel

### c. Use of the modifier syringes

The Opalessent modifier can be used to add opalessent in the incisal area, using a small thickness into the incisal edge of the restoration.

Red-Brown, Black and White modifiers are liquid stains used to characterize the restoration.

### 5. Contouring before light-curing

Use the following standard techniques:

### 6. Light-curing

Light cure Essentia using a light curing unit. Keep the light curing close as possible to the surface.

Refer to the following chart for Irradiation Time and Effective Depth of Cure.

Shade	5 sec. (Plasma arc) (2000mW/cm²)	10 sec. (GC G-Light) (1200mW/cm²)	20 sec. (Halogen/LED) (700mW/cm²)
Light Dentin (LD)	2.0mm		
Medium Dentin (MD)	1.5mm		
Light Enamel (LE)		2.5mm	
Dark Enamel (DE)		2.5mm	
Universal (U)			2.5mm
Light Enamel Refills (LER)	1.0mm		
Opalessent (OM)	2.5mm		
Red-Brown (RBM)	0.1mm		
Black (BM)	0.4mm		
White (WM)	1.5mm		

Note: 1. Material should be placed and light-cured in layers. For maximum layer thickness, please consult the above table.

2. A lower light intensity may cause insufficient curing or discoloration of the material.

**7. Finishing and Polishing**  
The material's smoothness can be enhanced by using diamond burs, polishing points and discs. To obtain a high gloss, polishing pastes can be used.

### SHADES

LD: Light Dentin  
MD: Medium Dentin  
DD: Dark Dentin  
DE: Light Enamel  
LE: Dark Enamel  
U: Universal  
ML: Masking Liner  
OM: Opalessent modifier  
RBM: Red-Brown Modifier  
BM: Black Modifier  
WM: White Modifier

### STORAGE

Recommended for optimal performance, store in a cool and dark place (4 - 25°C / 39.2 - 77.0°F). Shelf life: 3 years from date of manufacture.

### PACKAGES

#### I. Syringes

**Essentia Starter Kit Syringe**  
7 syringes (one per each shade: LD, MD, DD, LE, DE, U, ML)  
20 dispensing tips III Plastic + 1 light-protective cover

**Essentia Syringe Refills**  
LD, MD, DD, LE, DE, U, OM, RBM, BM, WM: available  
ML: refill of syringe including 20 Dispensing Tips III Plastic

#### II. Unitips

**Essentia Starter Kit Unitip**  
30 unitips (5 unitips each in 6 shades: LD, MD, DD, LE, DE, U)  
20 Dispensing Tips III Plastic + 1 light-protective cover

**Essentia Unitip Refills**  
LD, MD, DD, LE, DE, U: available in refills of 15 unitips

#### III. Accessories

Essentia Shade Guide  
GC Unitip Applicator III  
Dispensing Tip III Plastic  
Mixing Pad (No. 14B)

#### NOTES:

**Weight and volume per syringe:**

	LD	MD	DD	LE	DE	U	ML	OM	RBM	BM	WM
Weight	3.4g	3.8g	4.0g	3.4g	3.8g	2.5g					
Volume	2ml	2ml	2ml	2ml	2ml	2ml	2.4ml				

**Weight and volume per unitip:**

	LD	MD	DD	LE	DE	U
Weight	0.27g	0.30g	0.32g			
Volume	0.16ml	0.16ml	0.16ml			

#### VORSICHT

Falls das Material mit Gewebe oder Haut am Mund in Kontakt kommt, sofort mit Alkohol getränkter Watte abwischen. Bei Kontakt mit der Haut sofort abwaschen. Um den Kontakt zu vermeiden, kann ein Operationsbereich oder Kakaobutter zur Isolierung des Kofferdamms/berührt werden.

Kommt das Material in Kontakt mit den Augen, müssen diese sofort mit Wasser ausgespült werden und der Patient muss sich ärztliche Behandlung besorgen.

Es muss darauf geachtet werden, dass der Patient das Material nicht verschluckt.

Bei Kontakt mit der Haut oder Gummihandschuhe tragen, um den direkten Kontakt mit klebrigen Harzschichten zu vermeiden, ein eventuellen Unverträglichkeitsreaktionen vorzubeugen.

Als Ursachen der Infektionskontrolle handelt es sich bei den folgenden Punkten:

Während des Lichthärtens ist eine Schutzbrille zu tragen. Beim Polieren des polymerisierten Materials ist eine Abzugsmaske zu verwenden, um die Gefahr der Einatmung von Schleifstaub zu vermeiden.

Nicht mit anderen, ähnlichen Produkten mischen.

Das Material kann als giftig eingestuft werden.

Im Falle eines unbeabsichtigten Kontaktes mit anderen Zähnen oder prothetischen Versorgungsmitteln muss das Material sofort abgewaschen werden. Ein Kontakt mit der Schleimhaut oder Watterpelle entfernt werden.

Essentia darf nicht in Kombination mit eugenol-containing materials als eugenol may hinder Essentia from setting.

Do not wipe the dispensing tip with the passive alcohol swabs as they may cause contamination of the paste.

Last revised: 08/2015

Lesen Sie sich vor der Anwendung die Gebrauchsanleitung sorgfältig durch.

Essentia™ Lichthärtendes, röntgensichtbares Universalcomposit für Restaurationen. Nur für den Einsatz durch einen Zahnmediziner in den empfohlenen Indikationen zu verwenden.

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Last revised: 08/2015

Avant toute utilisation, lire attentivement les instructions d'emploi.

Essentia™ Composito di restaurazione universale radiopaco foto-polimerizzabile per uso esclusivamente professionale. Utilizzare per un professionista dentista e selon les indications.

### RECOMMENDATIONS

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